

IDAHO PACIFIC HOLDINGS



Nutritional Analysis for Sliced Potatoes*

LABEL ANALYTES VALUE	ANALYTICAL DATA PER 100g
Calories	365.28
Total Fat (g)	0.41
Saturated Fat (g)	0.13
Poly-unsaturated Fat (g)	0.23
Mono-unsaturated Fat (g)	0.04
Trans Fat (g)	0.00
Cholesterol (mg)	0.0
Sodium (mg)	73.95
Potassium (mg)	933.04
Total Carbohydrate (g)	82.35
Dietary Fiber (g)	5.87
Sugars (g)	1.19
Added Sugar (g)	0.00
Protein (F=6.25) (g)	8.06
Calcium (mg)	58.69
Iron (mg)	1.21
Vitamin A (IU)***	0
Vitamin C (mg)***	30
Vitamin D (D2 + D3) (mcg)***	0
<u>CONTRIBUTING ANALYTES</u>	
Moisture (g)	7.00
Ash (g)	2.19

* The analysis data stated above are typical values for this product. Calculated Values.

***Value from USDA Nutrient Database Food Data Central, FDC Published 4/1/2019. FDC ID:519399 and FDC ID 519397.

Reviewed: 9/1/2020